

INITIAL

PONDERING

Compiled by

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(This material was compiled from various CMG Courses)

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Introduction

The following thoughts are to stimulate the individual as they seek for an understanding of 'self' and of 'reality':

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Reality

Man reaches within for reality
and by reaching within,
the individual confirms
the three dimensions to his existence:

- 1) **Expression** - The individual expresses what they are - a unique reflection of the source.
- 2) **Perception** - The individual perceives what they are - a unique reflection of the source. However, they also perceive other 'expressions' of the source, external to themselves, which the individual is not.
- 3) **Desire/will** - The individual strongly desires to explore, experience, unify, and to be expanded by that which they are not; and 'will' is the driving force.
(cmg)

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The Inner Centre

There is an inmost centre in us all
Where truth abides in fullness ... and 'to know'
Rather consists in opening out a way
Whence the imprisoned splendor may escape,
Than in effecting entry for a light
Supposed to be without.
(Robert Browning - 'Paracelsus')

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Collective Consciousness

The Collective Consciousness (sometimes referred to as the 'Akashic Record(s)')
consists of images that link the individual
to their past, their present, and their future

Collective Conscious images contain the experiences and energies that have expanded, are currently
expanding, and will yet expand the individual's conscious existence by personal experience

These 'images' exist within the Etheric veil as a common collective of consciousness, and can be
accessed by each individual through the projection of his consciousness, via a created thought form,
into the Collective Consciousness structure
(cmg)

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Reality (Veritas)

It is clear that the path of Reality (Veritas) is the path of the 'Lone Seeker',

and the development of 'Inner Illumination' is not a group activity

Each individual, under the guidance of his own consciousness, must make the journey alone
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Universal Secret, Purpose, and Law

The **Secret** of the universe is 'Existence'

The **Purpose** of Life is the 'Expansion of Existence by personal Experience'

The First, and Only, Universal **Law** is that
'no conscious being may restrict, in any way,
the expansion of another conscious being'
(cmg)

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Cycle(s) to Expand Existence/Consciousness

- 1) Arrival in Mortality
- 2) That which I Am (expression - the sum of my experiential cycles)
- 3) I Want/Desire (perception - that which I am not)
- 4) My Wants/Desires are realised through personal experience
- 5) I Expand that which I am by that which I am not (purpose)
- 6) Cycle back to point 2) until the conclusion of current mortal cycle
- 7) Departure from Mortality
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Model to explore Existence and establish reality

- 1) OBSERVATION - Observe and question all things
 - 2) GATHERING - Gather and collate the observations
 - 3) ANALYSIS - Analyze the observations for patterns
 - 4) HYPOTHESIS - Create a hypothesis based on the observed patterns
 - 5) PREDICTION - Make predictions based on the created hypothesis
 - 6) VALIDATION - Validate the predictions by appropriate experiment
 - 7) MODEL - Create a model of reality based on points 1-6
- (cmg)

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Words are power

Choose words carefully
Use words sparingly
Use only your words
(cmg)

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Veritas Existentialism

To Live is to Experience,
And to Expand (Survive) is to Find Meaning in the Experience
(cmg)

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Bodies

The individual's **Spirit Body** (etheric, mental, and conscious) contains the individual's universal potential

The individual's **Physical body** translates that universal potential,
through experience,
into the expansion of the individual's consciousness
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Perception

There is nothing in the universe, ethereal or physical, that cannot be perceived and experienced by the individual himself

Therefore, believe nothing,
but prove all things by personal experience

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Unfoldment

By observation, the Universe is unfolding as it should
By observation, our Galaxy is unfolding as it should
By observation, our Solar System is unfolding as it should

By observation, does not Spring always follow Winter?
By observation, does not Day always follow Night?
Therefore, by inference, are not our lives unfolding as they should?
The answer is: 'Yes, our lives are indeed unfolding as they should!'
(cmg)

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Final

Man (the individual) is the ultimate expression
of the unfolding universe

And where is the centre of the universe?
You - You are the centre of the universe
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End

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