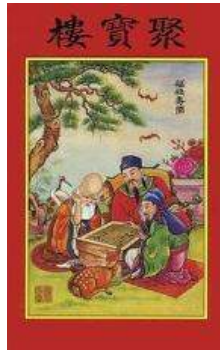


CURING HAIR LOSS AND GREYING



Taken From
Tong Sing

*The Book of Wisdom based on
The Ancient Chinese Almanac*

CMG Archives
<http://www.campbellmgold.com>

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IMPORTANT

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Introduction

From the "Tong Sing", The Book of Wisdom based on The Ancient Chinese Almanac, the following remedy for hair loss and greying is given.

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Hair Loss and Greying

The Chinese have strong hair, so this remedy is probably less needed that it might be in the west.

- 1) Finely chop an apple, a carrot, and 1/4 of a lemon
- 2) Add 1 litre (1 3/4 pints) of boiling water

3) Let stand until cool

Consume this liquid once daily for several weeks.

End

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