

CELABOLIN

INGREDIENTS

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IMPORTANT

The health information contained herein is not meant as a substitute for advice from your physician, or other health professional. The following material is intended for general interest only; and it should not be used to diagnose, treat, or cure any condition whatever. If you are concerned about any health issue, symptom, or other indication, you should consult your regular physician, or other health professional. Consequently, the Author cannot accept responsibility for any individual who misuses the information contained in this material. Thus, the reader is solely responsible for all of the health information contained herein. However, every effort is made to ensure that the information in this material is accurate; but, the Author is not liable for any errors in content or presentation, which may appear herein.

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Introduction

Celabolin is a natural formula that is claimed helps relieve arthritis and joint pain. It combines the power of the natural nutraceutical product, Celadrin, with other minerals and natural anti-inflammatories - these include zinc, copper and manganese, as well as yucca extract, resveratrol, hops, black pepper and the protein-digesting enzyme bromelain.

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Celabolin Ingredients

Celadrin® - All-natural proprietary ingredient clinically proven to reduce pain and promote joint health fast.

Zinc - Low levels of zinc associated with rheumatoid arthritis.

Copper - Deficiency associated with problems deep in muscles, tendons and joints

Red Panax Ginseng - Known worldwide for its aphrodisiac properties. Tests show that libido and sexual potencies increase significantly soon after taking.

Manganese - Essential mineral for forming connective tissue such as cartilage. Aids bone strength and Osteoporosis prevention.

Hops Extract - A botanical anti-inflammatory

Yucca Extract - Natural steroidal like saponins effective as anti-inflammatories and anti-spasmodics, known to reduce pain associated with joint and/or arthritis

Bromelain - Helpful with joint swelling and impaired joint mobility.

Resveratrol - Helps reverse the signs of inflammatory response to joint injury. Supports the individual cells response to pain by inhibiting specific enzymes.

Black Pepper Extract - contains Piperine that can improve nutrient absorption, thus helping the body use the above ingredients for joint problems

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Side Effects and Safety Concerns

Some of the more common side effects of bromelain include indigestion, nausea and diarrhoea. Other side effects may include vomiting, increased heart rate, drowsiness and abnormal uterine bleeding or heavy menstruation.

Bromelain has resulted in allergic reactions and asthma symptoms, including breathing problems, tightness in the throat, skin hives, rash or itchy skin. People with allergies to pineapples should avoid bromelain. Allergic reactions may also occur in people with allergies to latex, carrot, celery, fennel, rye, wheat, papain, bee venom or grass, birch or cypress pollens.

People with peptic ulcers should not use bromelain. People with other digestive disorders should consult a qualified healthcare professional before using bromelain.

Theoretically, bromelain may increase the risk of bleeding, so people with bleeding disorders and those taking medication that can increase the risk of bleeding should only use bromelain under the supervision of their physician. It should not be taken two weeks before or after dental procedures or surgery.

The safety of bromelain in pregnant or nursing women, children or people with liver or kidney disease isn't known.

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Possible Drug and Herb Interactions

People taking "blood-thinners" (anticoagulant or anti-platelet medication), such as aspirin, warfarin (Coumadin), heparin, clopidogrel (Plavix), non-steroidal anti-inflammatory medications such as ibuprofen (Motrin, Advil), naproxen (Naprosyn, Aleve) should only use bromelain under a physician's supervision. It should also be used with caution by people taking herbs and supplements that are thought to increase the risk of bleeding, such as ginkgo biloba and garlic.

Studies suggest bromelain may also increase the absorption of other medications, such as:

- Amoxicillin, tetracycline and other antibiotics
- Chemotherapy drugs such as 5-fluorouracil and vincristine
- "ACE inhibitor" blood pressure medications such as captopril (Capoten) and lisinopril (Zestril)
- Medications that cause drowsiness, such as benzodiazepines lorazepam (Ativan) or diazepam (Valium), some antidepressants, narcotics such as codeine, and barbituates such as phenobarbitol.

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