

TISSUE SALTS

FOR

CYSTITIS

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CMG Archives

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IMPORTANT

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Tissue Salts for Cystitis

The following Tissue Salts are indicated in cases of cystitis:

Ferr Phos (4) - First stage, frequent urination and burning pain. Difficult urination, suppressed with constant urging.

Kali Mur (5) - With swelling of the tissues, and thick white mucus in the urine. Urine dark red.

Kali Phos (6) - Cystitis when associated with nervousness, prostration. Scalding urination, cutting pain.

Mag Phos (8) - Ineffectual and painful straining, urine passes in drops. Severe spasmodic pains. Constant urging to urinate when standing or walking.

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Directions

Definitions: "Acute" means of sudden onset with more or less severity of symptoms. "Chronic" means of long continuance, lingering. A "chronic" ailment may have "acute" phases and for such phases the directions for acute conditions will apply.

Dose

In general, an adult dose is four tablets, children two tablets. The tablets should be dissolved on the tongue, or in the case of very young children, may be given dissolved in a little warm, non-chlorinated, fresh, clean water (spring water is good).

Frequency of Dose

In chronic cases, three doses daily will suffice, but for acute conditions, a dose should be taken every half hour until relief is obtained; thereafter the frequency of dose should be gradually reduced to three times daily. When an initial improvement with the biochemic remedies is not maintained, treatment should be discontinued for a few days and the frequency of dose reduced when re-commencing treatment.

Alternate Remedies

When more than one remedy is required, it is usual for these to be taken in rotation daily, the frequency of dose depending on the acute or chronic nature of the ailment. On the other hand the predominating symptoms should be treated first; so try to balance the two to the best advantage.

Note: Although when more than one tissue-salt is required it is usual for these to be taken in rotation, the convenience of a simultaneous dose has obvious advantages, and in many cases results come fully up to expectations. Whichever way they are used, the action of the tissue-salts is always entirely beneficial.

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