

# ENLARGED HEART

## SYMPTOMS

Compiled by

Campbell M Gold

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<http://campbellmgold.com>

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### IMPORTANT

**The health information contained herein is not meant as a substitute for advice from your physician, or other health professional. The following material is intended for general interest only; and it should not be used to diagnose, treat, or cure any condition whatever. If you are concerned about any health issue, symptom, or other indication, you should consult your regular physician, or other health professional. Consequently, the Author cannot accept responsibility for any individual who misuses the information contained in this material. Thus, the reader is solely responsible for all of the health information contained herein. However, every effort is made to ensure that the information in this material is accurate; but, the Author is not liable for any errors in content or presentation, which may appear herein.**

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Symptoms of an enlarged heart may include:

- Shortness of breath
- Abnormal heart rhythms
- Palpitation
- High blood pressure
- Coronary artery and valve spasm and/or disease
- Cardiac ischemia (a condition in which oxygen-rich blood flow to the heart is restricted)
- Obesity
- Thyroid problems
- Anaemia
- Sleep apnoea (a condition where breathing stops for more than 10 seconds during sleep)
- Swelling

End

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