

# FLU SHOT

## INGREDIENTS

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### IMPORTANT

The health information contained herein is not meant as a substitute for advice from your physician, or other health professional. The following material is intended for general interest only; and it should not be used to diagnose, treat, or cure any condition whatever. If you are concerned about any health issue, symptom, or other indication, you should consult your regular physician, or other health professional. Consequently, the Author cannot accept responsibility for any individual who misuses the information contained in this material. Thus, the reader is solely responsible for all of the health information contained herein. However, every effort is made to ensure that the information in this material is accurate; but, the Author is not liable for any errors in content or presentation which may appear herein.

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### Flu shot ingredients

Following are the typical ingredients in a Flu Shot Injection that "they" do not tell you about:

- **Thimersol** (Mercury disinfectant/preservative)
- **Aluminum** (additive to promote antibody response) - implicated as a contributor to Alzheimer's, seizures, fatigue, mental problems
- **Formaldehyde** (disinfectant) (let's embalm ourselves alive!) - incidentally, it's what aspartame aka NutraSweet converts to at a mere 30 degrees C or 86 degrees F
- **Ethylene Glycol** (anti-freeze-deadly-poison) - seems to do nothing constructive at all
- **Phenol** (disinfectant)
- **Benzethonium Chloride** (antiseptic)
- **Methylparaben** (anti-fungal, preservative)

End

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