

# HYDROGEN PEROXIDE

## ADMINISTRATION LEVELS

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### IMPORTANT

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### Oral Administration

Dosage Schedule for Chronic Conditions Using 35% Food Grade Hydrogen Peroxide.

Add drops to 250 ml distilled water, spring water, milk, vegetable juice, or fruit juice and drink the full amount down immediately.

Day 1 3 drops, 3 x daily  
Day 2 4 drops, 3 x daily  
Day 3 5 drops, 3 x daily  
Day 4 6 drops, 3 x daily  
Day 5 7 drops, 3 x daily  
Day 6 8 drops, 3 x daily  
Day 7 9 drops, 3 x daily  
Day 8 10 drops, 3 x daily  
Day 9 12 drops, 3 x daily  
Day 10 14 drops, 3 x daily  
Day 11 16 drops, 3 x daily  
Day 12 18 drops, 3 x daily  
Day 13 20 drops, 3 x daily  
Day 14 22 drops, 3 x daily  
Day 15 24 drops, 3 x daily  
Day 16 25 drops, 3 x daily

For chronic conditions remain at 25 drops, 3 x daily for 1 to 3 weeks. Reduce dosage to 25 drops, 2 x daily until improvements are noted. This may take up to 6 months (or longer).

When the condition is resolved, the dosage is reduced to 25 drops 1 x daily for 1 x week; then 25 drops every other day for 1 x week; then 25 drops every third day for 1 x week; and then 25 drops every fourth day for 1 x week.

A good final maintenance level would be 5 to 20 drops a week - however confirm with a health professional.

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### **Alternate Dosage Schedule**

Add drops of 35% Food Grade Hydrogen Peroxide to 250 ml distilled water, spring water, milk, vegetable juice, or fruit juice and drink the full amount down immediately.

8 drops, 3 x daily until the condition is resolved.

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### **Vaporizer/Humidifier**

Use 30 to 60 ml of 35% H<sub>2</sub>O<sub>2</sub> per 3.8 litres of non-chlorinated water (distilled preferred) in a vaporizer/humidifier improves night-time breathing in lung disorders.

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### **Intravenous (IV) - General**

Anecdotal sources suggest that Intravenous (IV) H<sub>2</sub>O<sub>2</sub> therapy typically consists of 5 cc of pharmaceutical-grade 3% H<sub>2</sub>O<sub>2</sub> in 5,000 ml 5% glucose in water as a carrier solution.

The dose drips for 90 minutes, and 2,000 mg of magnesium chloride is combined with a small amount of manganese to prevent vein sclerosis.

Treatment is given 1 to 5 times a week, depending upon the patient's condition, and may include 10 to 50 sessions. Orally taken H<sub>2</sub>O<sub>2</sub> can then be taken in a maintenance dose.

However, I have never observed this technique personally, and I have only heard of this approach and administration level anecdotally.

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### **Intravenous (IV) - After Dr Farr**

To prepare the IV solutions, Dr. Farr begins with 30% H<sub>2</sub>O<sub>2</sub> of USP food or cosmetic grade.

Note: Thirty percent H<sub>2</sub>O<sub>2</sub> is a powerful oxidizer and should be handled with extreme caution.

The 30% solution is diluted with equal amounts of sterile distilled water to make a 15% stock solution.

The stock solution is passed through a Millipore 0.22mm medium flow filter for sterilization and removal of particulate matter.

The stock solution is stored in 100 ml sterile containers and kept refrigerated for future use.

His infusion solutions are then prepared using sterile 5% dextrose in water. The addition of 1/4 ml sterile of the 15% H<sub>2</sub>O<sub>2</sub> stock solution to each 100 ml of carrier solution produces a 0.0375% concentration that is finally used for the intravenous infusions.

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### **Intravenous (IV) - After Majid Ali, M.D.**

In the following Tables, Majid Ali, MD furnishes the composition of his hydrogen peroxide protocols.

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| <b>Table 1</b><br><b>HYDROGEN PEROXIDE I - IV PROTOCOL</b> |
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| Nutrient                        | Concentration         | Volume    |
|---------------------------------|-----------------------|-----------|
| Hydrogen Peroxide               | 3.75%                 | 0.35 ml   |
| Sodium Bicarbonate              | 0.5 mEq/ml = 1.25 mEq | 2.5 ml    |
| Normal Saline 0.9%              |                       | 150 ml    |
| Hydroxycobalamine IM injections | 10,000 mcg/ml         | 5,000 mcg |

**Table 2**  
**HYDROGEN PEROXIDE II - IV PROTOCOL**  
**Part A, as Hydrogen Peroxide I**  
**Part B, as below**

| Nutrient                | Concentration          | Volume    |
|-------------------------|------------------------|-----------|
| Magnesium Sulf.         | 500 mg/ml = 1.5 ml     | 750 mg    |
| Zinc                    | 5 mg/ml = 2 ml         | 12 mg     |
| Calcium Gly/lac         | 10 mg/ml = 7.5 ml      | 75 mg     |
| Pantothenic Acid        | 250 mg/ml = 1.5 ml     | 375 mg    |
| Pyrodoxin               | 100 mg/ml = 1 ml       | 100 mg    |
| Vitamin C               | 500 mg/ml = 1 ml       | 0.5 gm    |
| Vit. B Complex          | *                      | 1 ml      |
| Molybdenum              | 25 mcg/ml = 5 ml       | 125 mcg   |
| Glutathione             | 100 mg/ml = 2 ml       | 200 mg    |
| Taurine                 | 100 mg/ml = 5 ml       | 500 mg    |
| 0/45% Saline            |                        | 50 ml     |
| Sodium Bicorbonte       | 2.5 mEq/5 ml = 1.5 ml  | -----     |
| Lidocaine               | 20 mg/ml = 1.5 ml      | 30 mg     |
| Vitamin B <sub>12</sub> | 10,000 mcg/ml = 0.5 ml | 5,000 mcg |

\* Vitamin B complex includes the following per ml: thiamine, 100 mg; riboflavin, 2 mg; niacinamide 100 mg; dexpanthenol, 2 mg; pyridoxine, 2 mg

**Table 3**  
**HYDROGEN PEROXIDE III - IV PROTOCOL**  
**Part A, as Hydrogen Peroxide I**  
**Part B, as below**

| Nutrient         | Concentration      | Volume |
|------------------|--------------------|--------|
| Magnesium Sulf.  | 500 mg/ml = 1.5 ml | 750 mg |
| Zinc             | 5 mg/ml = 2 ml     | 12 mg  |
| Calcium Gly/lac  | 10 mg/ml = 7.5 ml  | 75 mg  |
| Pantothenic Acid | 250 mg/ml = 1.5 ml | 375 mg |
| Pyrodoxin        | 100 mg/ml = 1 ml   | 100 mg |
| Vitamin C        | 500 mg/ml = 1 ml   | 0.5 gm |

|                         |                       |         |
|-------------------------|-----------------------|---------|
| Vit. B Complex          | *                     | 1 ml    |
| Molybdenum              | 25 mcg/ml = 5 ml      | 125 mcg |
| Glutathione             | 100 mg/ml = 2 ml      | 200 mg  |
| Taurine                 | 100 mg/ml = 5 ml      | 500 mg  |
| 0/45% Saline            |                       | 50 ml   |
| Sodium Bicarbonate      | 2.5 mEq/5 ml = 1.5 ml | -----   |
| Lidocaine               | 20 mg/ml = 1.5 ml     | 30 mg   |
| Vitamin B <sub>12</sub> | 1,000 mcg/ml = 0.5 ml | 500 mcg |

\* Vitamin B complex includes the following per ml: thiamine, 100 mg; riboflavin; 2 mg; niacinamide 100 mg; dexpanthenol, 2 mg; pyridoxine, 2 mg

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## Appendix

Conditions treated by H2O2 IV Protocols by various clinicians include:

- Alzheimer
- Arrhythmias (Irregular heart rhythms)
- Asthma
- Bacterial infections, particularly chronic unresponsive infections
- Candidiasis
- Cardiovascular Disease
- Cerebrovascular Disease
- Chronic Epstein-Bar Virus infection, infectious mononucleosis
- Chronic Obstructive Lung Disease (COPD)
- Chronic pain syndromes, various
- Cluster headaches
- Coronary artery spasm with angina
- Diabetes Type H
- Early multiple sclerosis
- Emphysema
- Environmental allergies
- Fungal infections, various
- Hepatitis
- Herpes Simplex (Cold Sores)
- Herpes Zoster (Shingles)
- HIV Infections
- Influenza
- Migraine headaches
- Pain of metastatic cancer
- Parasitic infections, various
- Peripheral Vascular Disease
- Rheumatoid arthritis
- Temporal Arteritis
- Vascular headaches

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