

# KIDNEY FAILURE

## SYMPTOMS

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### IMPORTANT

**The health information contained herein is not meant as a substitute for advice from your physician, or other health professional. The following material is intended for general interest only; and it should not be used to diagnose, treat, or cure any condition whatever. If you are concerned about any health issue, symptom, or other indication, you should consult your regular physician, or other health professional. Consequently, the Author cannot accept responsibility for any individual who misuses the information contained in this material. Thus, the reader is solely responsible for all of the health information contained herein. However, every effort is made to ensure that the information in this material is accurate; but, the Author is not liable for any errors in content or presentation, which may appear herein.**

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Symptoms of kidney failure may include:

- Generally feeling ill
- Tiredness, lethargy, and loss of energy
- High blood pressure
- Loss of appetite or nausea
- A metallic or other foreign taste in the mouth (altered taste sensation/appetite)
- Feeling cold
- Headaches
- Insomnia
- Itching and dryness of the skin
- Pain in the small of the back in the area of the kidneys
- Poor concentration, confusion, forgetfulness
- Lacking interest in everyday activities; difficulty in concentrating or relaxing
- Loss of libido/sex drive
- Restless or cramped legs
- Shortness of breath
- Swelling in the hands, lags, feet, or face (especially around the eyes, and on awakening)
- Swelling of the abdomen

- Urination problems (foamy or bloody urine, more or less urine than usual, or a change in the frequency of urination (Increased night-time urine production))
- General weakness
- Possible anaemia

End

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