

MOTOR NEURON DISEASE

(ALS - Amyotrophic Lateral Sclerosis
(Lou Gehrig's Disease))

Compiled by

Campbell M Gold

(2011)

CMG Archives

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IMPORTANT

The health information contained herein is not meant as a substitute for advice from your physician, or other health professional. The following material is intended for general interest only; and it should not be used to diagnose, treat, or cure any condition whatever. If you are concerned about any health issue, symptom, or other indication, you should consult your regular physician, or other health professional. Consequently, the Author cannot accept responsibility for any individual who misuses the information contained in this material. Thus, the reader is solely responsible for all of the health information contained herein. However, every effort is made to ensure that the information in this material is accurate; but, the Author is not liable for any errors in content or presentation which may appear herein.

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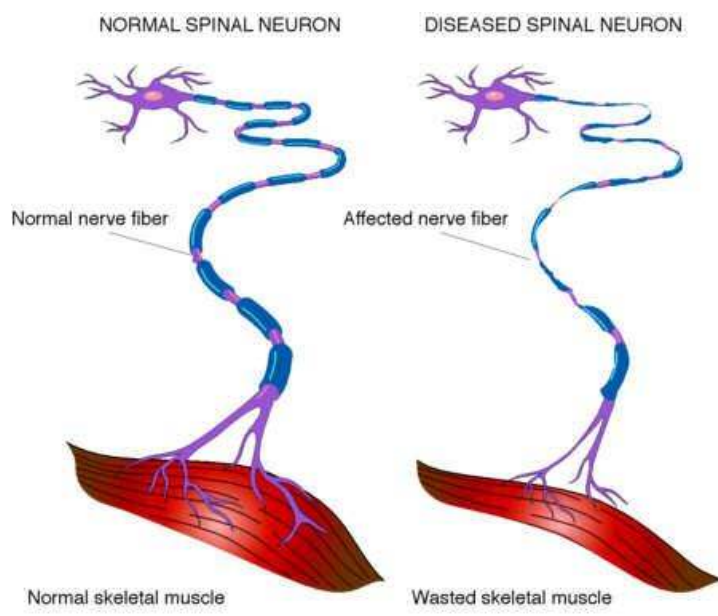
Introduction

Amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's disease (named after the New York Yankees baseball player who was diagnosed with the disease in 1939), is a neurological disease caused by the degeneration of neurons located in the ventral horn of the spinal cord and the degeneration of cortical neurons that provide their afferent input.

Early symptoms of ALS typically include increasing muscle weakness, especially involving the arms and legs, speech, swallowing or breathing.

When muscles no longer receive the messages from the motor neurons that they require to function, the muscles begin to atrophy (become smaller). Limbs begin to look "thinner" as muscle tissue atrophies.

ALS is a progressive, fatal, neurodegenerative disease with most affected individuals dying of respiratory compromise and pneumonia after 2 to 3 years - however, it is also noted that some individuals have survived for many years.



The cause of ALS is not completely understood by allopathic medicine, and there is no allopathic cure.

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Alternative Treatment

Here is an overview of suggestions that may be effective in the treatment of Motor Neuron Disease (ALS - Amyotrophic Lateral Sclerosis (Lou Gehrig's Disease)):

Swedish Bitters - 20 ml, 4 x daily (before or after meals)

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Biochemic Tissue Salts:

Kali Phos (No 6) - for nervous system and neurological tissue

Ferr Phos (No 4) - for blood and cell oxygenation

Alternate, 4 x tabs (under the tongue), 4 x daily - (Hourly at first)

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Supplements to promote cellular repair:

Vit C - 1000 mg daily, increasing to 10,000 mg daily or bowel tolerance.

Vit B-complex - 100 mg, 2 x daily.

Vit D3 - 6,000-10,000 IU daily (1,000 IU maintenance)

Vit E - 200 iu, 2 x daily for 8 x weeks; then 400 iu, 2 x daily.

Oil of evening Primrose - 500 mg, 2 x daily for 4 x weeks; then 1,000 mg, 2 x daily for 4 x weeks; then 1,500 mg, 2 x daily.

Calcium - 1,200 mg daily.

Magnesium - 600 mg daily.

Omega 3, Fish Liver Oil - 1,000 mg, 2 x daily for 4 x weeks; then 1,500 mg, 2 x daily.

Ginko Biloba - 6,000 mg daily, just after a meal.

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Activated Charcoal caps/tabs - to entrap and eliminate toxins, heavy elements, and bacteria, etc.: 2 caps/tabs, 3 to 4 x daily, between meals with a glass of room temperature filtered/spring water.

Lecithin - 5 to 15 grams daily.

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Raw Juice Therapy

Carrot Juice (340 ml) + Spinach Juice (115 ml) - daily

Carrot Juice (170 ml) + Beetroot Juice (140 ml) + Cucumber Juice (140 ml) - daily

Oil Drawing

Use Oil drawing, to eliminate bad cells and toxins, while showering or bathing. See "*The Amazing Dr Sunflower*" in the CMG Health Archive (<http://campbellmgold.com> "Archives" navigation at top of page) for details.

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H2O2 - Hydrogen Peroxide - as a cellular rejuvenator and as an eliminator of "bad" cells.

Use max dosage - See "*Hydrogen Peroxide Therapy CG*" in the CMG Health Archive (<http://campbellmgold.com> "Archives" navigation at top of page) for details.

Basic treatment: 8 x drops in 1/2 glass/mug of cool beverage (milk, fruit juice, herbal tea, spring water, drinking yoghurt, etc.

This should be done 4 x daily between meals.

Do not take within 20 minutes prior to, or after, eating.

IMPORTANT

NEVER EXCEED RECOMMENDED DOSAGES

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Water Cure

The Water Cure is recommended in cases of Multiple Sclerosis. See "*Water Cure*" in the CMG Health Archive (<http://www.campbellmgold.com> "Archives" navigation at top of page) for details.

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Relaxation and Hypnosis Techniques

It is believed that much might be gained if the individual uses relaxation and hypnosis techniques as soon as any complaint is diagnosed. Hypnosis and autosuggestion with positive visualisation of the healing process at work is thought to retard development of symptoms, and to greatly augment the repairing of inflamed and damaged tissues. Visit <http://campbellmgold.com> for possible programs.

Lavender Aromatherapy Oil

Put 2 x drops of Lavender Aromatherapy Oil on a tissue, and place it where it can be comfortably inhaled during relaxation and visualisation.

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Exercise

Gentle aerobic exercise, on a daily basis, is strongly recommended.

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