

# MULTIPLE SCLEROSIS

(MS)

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CMG Archives

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## IMPORTANT

The health information contained herein is not meant as a substitute for advice from your physician, or other health professional. The following material is intended for general interest only; and it should not be used to diagnose, treat, or cure any condition whatever. If you are concerned about any health issue, symptom, or other indication, you should consult your regular physician, or other health professional. Consequently, the Author cannot accept responsibility for any individual who misuses the information contained in this material. Thus, the reader is solely responsible for all of the health information contained herein. However, every effort is made to ensure that the information in this material is accurate; but, the Author is not liable for any errors in content or presentation which may appear herein.

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## Introduction

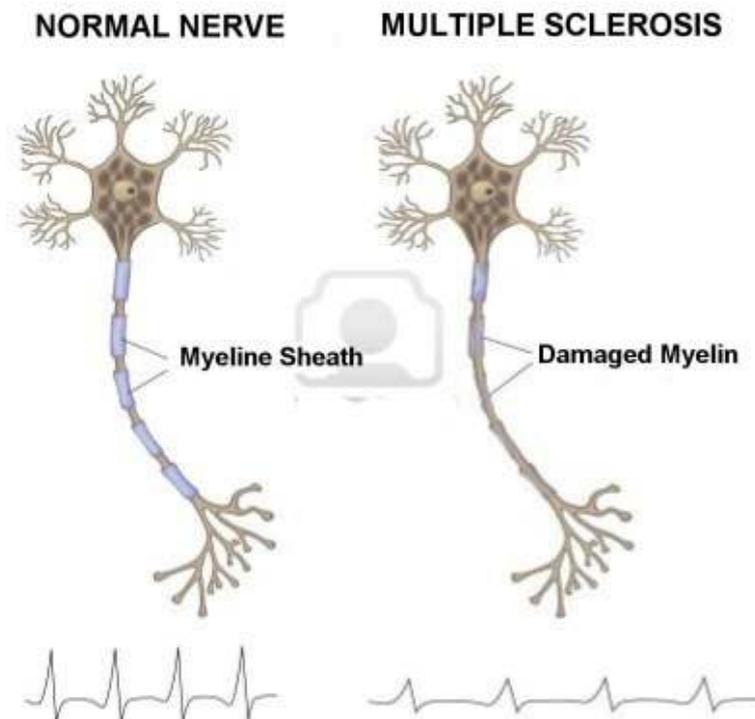
Multiple sclerosis (MS) is a disease that affects nerves in the brain and spinal cord, causing problems with muscular movement, balance, and vision.

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## Symptoms

Symptoms of Multiple sclerosis include:

- Balance problems
- Bladder problems
- Blurred or double vision
- Constipation
- Depression
- Difficulty with co-ordination
- Difficulty with planning and problem solving
- Dizziness and vertigo
- musculoskeletal pain



- Double vision
- Dragging a foot
- Eye pain in both eyes
- Fatigue and extreme tiredness
- Flashes of light when moving the eye
- Incontinence
- Increasing burning sensations
- Involuntary eye movements, usually from side to side (nystagmus)
- Lack of libido
- Loss of vision in one eye
- Muscle spasms
- Muscle weakness, especially involving the arms and legs
- Muscles become stiff and resistant to movement
- Neuropathic pain
- Numbness
- Pins and needles,
- Problems learning and remembering new things
- Problems understanding and using language
- Problems with reasoning, such as mathematical laws or solving puzzles
- Shortened attention span
- Speech difficulty
- Swallowing or breathing difficulties

In the earlier stages of Multiple Sclerosis, the central nervous system can often repair areas of damaged myelin or reroute signals via alternative neuron pathways and thereby avoid the damaged areas. Consequently, episodes of symptoms can be followed by weeks, months, or even years, when the condition appears to improve or disappear. However, when the area of damage becomes significant, communication with that specific area may become permanently blocked and symptoms will again manifest.

Additionally, when muscles no longer receive impulses/messages from the associated motor neurons, the muscles begin to atrophy (become smaller). Consequently, limbs will begin to look "thinner" as muscle tissue atrophies.

The cause of Multiple sclerosis is not completely understood by allopathic medicine, and there is no allopathic cure.

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### **Alternative Treatment**

Here is an overview of alternative suggestions that may be effective in the treatment of Multiple sclerosis (MS):

**Swedish Bitters** - 20 ml, 4 x daily (before or after meals)

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### **Biochemic Tissue Salts:**

**Kali Phos** (No 6) - for nervous system and neurological tissue

**Ferr Phos** (No 4) - for blood and cell oxygenation

Alternate, 4 x tabs (on the tongue), 4 x daily - (Hourly at first)

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**Supplements to promote cellular repair:**

**Vit C** - 1000 mg daily, increasing to 10,000 mg daily or bowel tolerance.

**Vit B-complex** - 100 mg, 2 x daily.

**Vit D3** - 6,000-10,000 IU daily (1,000 IU maintenance)

**Vit E** - 200 iu, 2 x daily for 8 x weeks; then 400 iu, 2 x daily.

**Oil of evening Primrose** - 500 mg, 2 x daily for 4 x weeks; then 1,000 mg, 2 x daily for 4 x weeks; then 1,500 mg, 2 x daily.

**Calcium** - 1,200 mg daily.

**Magnesium** - 600 mg daily.

**Omega 3, Fish Liver Oil** - 1,000 mg, 2 x daily for 4 x weeks; then 1,500 mg, 2 x daily.

**Ginko Biloba** - 6,000 mg daily, just after a meal.

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**Activated Charcoal caps/tabs** - to entrap and eliminate toxins, heavy elements, and bacteria, etc.: 2 caps/tabs, 3 to 4 x daily, between meals with a glass of room temperature filtered/spring water.

**Lecithin** - 5 to 15 grams daily.

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**Raw Juice Therapy**

Carrot Juice (340 ml) + Spinach Juice (115 ml) - daily

Carrot Juice (170 ml) + Beetroot Juice (140 ml) + Cucumber Juice (140 ml) - daily

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**Oil Drawing**

Use Oil drawing, to eliminate bad cells and toxins, while showering or bathing. See "*The Amazing Dr Sunflower*" in the CMG Health Archive (<http://campbellmgold.com> "Archives" navigation at top of page) for details.

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**H2O2 - Hydrogen Peroxide** - as a cellular rejuvenator and as an eliminator of "bad" cells.

Use max dosage - See "*Hydrogen Peroxide Therapy CG*" in the CMG Health Archive (<http://campbellmgold.com> "Archives" navigation at top of page) for details.

Basic treatment: 8 x drops in 1/2 glass/mug of cool beverage (milk, fruit juice, herbal tea, spring water, drinking yoghurt, etc.

This should be done 4 x daily between meals.

Do not take within 20 minutes prior to, or after, eating.

### **IMPORTANT**

### **NEVER EXCEED RECOMMENDED DOSAGES**

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#### **Water Cure**

The Water Cure is recommended in cases of Multiple Sclerosis. See "*Water Cure*" in the CMG Health Archive (<http://www.campbellmgold.com> "Archives" navigation at top of page) for details.

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#### **Relaxation and Hypnosis Techniques**

It is believed that much might be gained if the individual uses relaxation and hypnosis techniques as soon as any complaint is diagnosed. Hypnosis and autosuggestion with positive visualisation of the healing process at work is thought to retard development of symptoms, and to greatly augment the repairing of inflamed and damaged tissues. Visit <http://campbellmgold.com> for possible programs.

#### **Lavender Aromatherapy Oil**

Put 2 x drops of Lavender Aromatherapy Oil on a tissue, and place it where it can be comfortably inhaled during relaxation and visualisation.

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#### **Exercise**

Gentle aerobic exercise, on a daily basis, is strongly recommended.

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