

# PSORIASIS

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## IMPORTANT

The health information contained herein is not meant as a substitute for advice from your physician, or other health professional. The following material is intended for general interest only; and it should not be used to diagnose, treat, or cure any condition whatever. If you are concerned about any health issue, symptom, or other indication, you should consult your regular physician, or other health professional. Consequently, the Author cannot accept responsibility for any individual who misuses the information contained in this material. Thus, the reader is solely responsible for all of the health information contained herein. However, every effort is made to ensure that the information in this material is accurate; but, the Author is not liable for any errors in content or presentation which may appear herein.

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## Introduction

Psoriasis is a common skin condition, and is in essence the speeding up of the usual replacement processes of the skin. Normally skin cells take approximately 21 to 28 days to replace themselves; however, in psoriasis this process is greatly accelerated, and the skin cells can be replaced every 2 to 6 days. This results in an accumulation of skin cells on the surface of the skin, in the form of a psoriatic plaque.

(Picture Right - Example of Psoriasis)

This process is the same wherever it occurs on the individual's body.



Psoriasis can occur at any point in an individual's life, and the condition is seen in all age groups (children, teenagers, adults, and older people). The condition also affects males and females equally.

However, Psoriasis cannot be "caught" from another person, neither can it be transferred from one part of the individual's body to another.

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## Alternative Treatment

### Tissue Salts

1st Stage, for inflammation - **Ferr Phos** (No 4)

White dry scales and white coated tongue - **Kali Mur** (No 5)

Irritating secretions causing/with rawness and soreness - and for eczema in nervous persons - **Kali Phos** (No 6)

Dosage - **Acute** condition - 4 x tabs hourly

Dosage - **Chronic** condition - 4 x tabs, 4 x daily

**Vit A** - 10,000 iu, 3 x daily, 6 x days on, 1 x day off

**Vit B-complex** - 100 mg (timed release), 1 x morning and evening

**Vit C** - 1,000 mg (timed release), 2 x daily

**Vit E** - 400 iu, 3 x daily

**Oil of Evening Primrose** - 1,000 mg, 3 x daily

**Zinc** - 15 to 30 mg daily

**Pollen** - Max as per manufacturer's recommendations

**Propolis** - Max as per manufacturer's recommendations

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#### **Oil Drawing**

Use Oil drawing, to eliminate bad cells and toxins, while showering or bathing. See "*The Amazing Dr Sunflower*" in the CMG Health Archive (<http://campbellmgold.com> "Archives" navigation at top of page) for details.

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**H2O2 - Hydrogen Peroxide** - as a cellular rejuvenator and as an eliminator of "bad" cells.

Basic treatment: 8 x drops in 1/2 glass/mug of cool beverage (milk, fruit juice, herbal tea, spring water, drinking yoghurt, etc.

This should be done 4 x daily between meals.

Do not take within 20 minutes prior to, or after, eating.

See "*Hydrogen Peroxide Therapy CG*" in the CMG Health Archive (<http://campbellmgold.com> "Archives" navigation at top of page) for details.

### **IMPORTANT**

### **NEVER EXCEED RECOMMENDED DOSAGE**

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