

THE COMBINING
of
BIOCHEMIC TISSUE SALTS



Dr W H Schuessler
(1821 - 1898)

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IMPORTANT

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Introduction

Biochemic Tissue Salts are readily combinable to combat specific conditions.

The following table (after Dr W H Schuessler) lists common combinations.

Combinations

Combination	Condition	Symptoms (after Dr W H Schuessler)
Calc Phos Ferr Phos Nat Mur Kali Phos	Anaemia	Poor digestion, general wasting, neurasthenia, mental and physical depression, worry.
Kali Phos Mag Phos Nat Mur Nat Sulph	Asthma	Bronchial asthma, dyspnoea (short breath) on going upstairs, dry tickling cough, spasmodic cough, and whooping cough.
Kali Phos Mag Phos Calc Phos Nat Sulph Ferr Phos	Colic	Flatulent colic, colic due to inflammatory, conditions, colic in children, due to teething, or due to flatulence, or constipation.
Calc Phos Calc Fluor Nat Mur Kali Mur Silicea	Constipation	Bowels constipated, dry and hard stool, dull headache, foul breath, coated tongue.
Ferr Phos Kali Mur Nat Mur Kali Sulph	Coryza (head cold that includes a runny nose)	Inflammatory febrile (fever) catarrhal, condition, coryza (head cold that includes a runny nose) with dull, headache, sneezing, watery discharge.
Ferr Phos Kali Mur Mag Phos Nat Mur Nat Sulph	Cough, Colds, and Catarrh	Indicated in acute inflammatory febrile (fever) catarrhal conditions of cough, colds, and headache.
Calc Phos Ferr Phos Nat Phos Kali Phos Nat Sulph	Diabetes	Indicated, to relieve many, conditions associated, with diabetes. It helps better assimilation of glucose. Indicated in impaired kidney function. Liver function improved.
Nat Phos Calc Phos Ferr Phos Nat Sulph Kali Phos Kali Sulph 3x	Diarrhoea	Diarrhoea during dentition, thin watery greenish stool, foul with undigested food. Stool with blood or yellow, loose morning stools, which at times are involuntary while passing flatus (gas in the intestinal tract or gas passed through the anus).

Combination	Condition	Symptoms (after Dr W H Schuessler)
Ferr Phos Kali Mur Kali Phos Mag Phos	Dysentery	Dysentery with mucous and blood.
Calc Phos Ferr Phos Kali Mur	Enlarged Tonsils	Inflamed tonsils, follicular tonsillitis, painful with white coating or greyish white patches on tongue or tonsils, bad breath with loss or lowered appetite.
Ferr Phos Kali Mur Kali Sulph Nat Mur Nat Sulph	Fever	Inflammatory conditions and chill generally. Covers all mild febrile (fever) conditions.
Ferr Phos Kali Phos Mag Phos Nat Mur	Headache	Headache due to Sun-heat or over exertion, headache of students, vertigo, throbbing headache, nervous headache as a consequence of worries, sleeplessness, and sluggish liver.
Calcarea sulfurica Calc Phos Kali Phos Nat Mur Kali Sulph	Leucorrhoea	Discharge like white of eggs - acrid and watery. Indicated for general weakness of young girls, with or without functional neuroses.
Ferr Phos Kali Mur Kali Sulph	Measles	Sneezing and thin discharge from nose, eyes watery, throbbing, headache, cough, and fever.
Calc Phos Ferr Phos Kali Sulph Kali Phos Mag Phos	Menstrual Problems	Irregular menses, bright red if early, dark red if late, scanty in young girls, excessive in elder women, painful menstruation.
Calc Phos Ferr Phos Nat Mur Kali Phos Mag Phos	Nervous Exhaustion	Lassitude, depression, nervousness, irritability, hysteric behaviour, loss of or impaired memory, confusion, sleeplessness, and psychosomatic illness.
Calc Fluor Ferr Phos Kali Mur Calc Phos	Piles (haemorrhoids)	Bleeding haemorrhoids, fissures, and backache. This helps in all kinds of haemorrhoids (internal and external).
Calc Fluor Calc Sulph Silicea	Pyorrhoea*	Gum-boil, un-natural looseness of the teeth with or without pain, toothache, gums sensitive to cold, abscess at root of teeth, spongy bleeding gums, pus in gums and foul breath. (*Pyorrhoea - Purulent inflammation of the gums and tooth sockets, often leading to loosening of the teeth)

Combination	Condition	Symptoms (after Dr W H Schuessler)
Calc Phos Ferr Phos Nat Sulph Kali Sulph Mag Phos	Rheumatism	Articular and muscular rheumatism, inflammatory and febrile (inflamed) complaints, stiff neck, rheumatic pain in shoulders, shifting and wandering pains, twitching cramps, writers and players cramps, cracking of joints, lumbago and sciatica.
Calc Fluor Calc Sulph Nat Mur Kali Sulph	Skin Problems	Acne, cracks, whitlow, eczema, eruptions on the scalp, seborrhoea, psoriasis, and herpes.
Calc Phos Ferr Phos	Teething Problems	Tardy dentition and troubles, cuts teeth easily. Appetite and digestion are improved, builds the body.
Calc Phos Ferr Phos Kali Mur Silicea	Scrofula**	This almost covers almost all symptoms of both dry and suppurating scrophulous and glandular abscesses. (*Scrofula - tuberculosis of the lymph nodes)
Calc Fluor Ferr Phos Kali Mur Kali Phos Silicea	Toothache	Neuralgic pain or toothache due to unnatural loosening of teeth. Gums bleeding, swelling. Strengthens teeth in their sockets.
Calc Phos Ferr Phos Nat Phos Kali Phos Mag Phos	Nerve and Brain Tonic	This promotes tissue building and provides the necessary nutrition to nerves brain and bones. A general tonic for all chronically wasting diseases, anaemia, general debility and exhaustion with lack of vitality.
Nat Phos Nat Sulph Silicea	Acidity Flatulence Indigestion	Gastric disturbances, hyperacidity, sour eructations (casting up wind from the stomach through the mouth), flatulence, flatulent colic, dyspepsia (painful, difficult, or disturbed digestion), bilious vomiting heartburn, and jaundice.
Calc Fluor Calc Phos Mag Phos Kali Phos	Easy Parturition (birth process)	Relieves labour pain and easy delivery. Covers nonspecific lower abdomen pain during pregnancy and anxiety states.
Calc Phos Nat Sulph Kali Phos	Lack of Vitality Erectile Dysfunction	Symptoms suggestive of impotence, depression of sexual instinct, lassitude, general debility, quick emission followed by trembling, weakness and nervousness.

Combination	Condition	Symptoms (after Dr W H Schuessler)
Calc Phos Calc Flour Calc Sulph Ferr Phos Nat Mur Nat Phos Nat Sulph Mag Phos Kali Phos Kali Mur Kali Sulph Silicea	General Tonic (Biocombin) (Bioplasma)	<p>Helpful in consumption, debilitating diseases, and good for convalescents.</p> <p>This builds up entire system by providing complete tissue nutrition.</p> <p>Improves resistance to diseases and helps better assimilation of food.</p>

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