



The Campbell M Gold Newsletter

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Campbell M Gold

Consultant

**Self-Help and personal Development through
New Thinking, and Hypnosis and Subliminal
Programs**

Just the Facts...

Welcome

Welcome to another Newsletter... and to the next part of "The Science of Being Great", by Wallace D Wattles.

As always, no hugs, just the facts... in this case, the facts as presented by Wattles in 1911 - so let's jump right in...

Kind regards,

Campbell M Gold

Looking Back To Move Forward

In *The Science of Being Great*, Wallace D. Wattles introduces the reader to the power of positive thinking, and guides the individual to increasing personal power and finding greatness and success.

"THERE is a Principle of Power in every person. By the intelligent use and direction of this principle, man can develop his own mental faculties. Man has an inherent power by which he may grow in whatsoever direction he pleases, and there does not appear to be any limit to the possibilities of his growth. No man has yet become so great in any faculty but that it is possible for some one else to become greater. The possibility is in the Original Substance from which man is made. Genius is Omniscience flowing into man."

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**THE SCIENCE
OF
BEING GREAT**

by

Wallace D. Wattles

(1911)

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Part 12

Hurry and Habit

NO doubt you have many problems, domestic, social, physical, and financial, which seem to you to be pressing for instant solution.

You have debts that must be paid, or other obligations that must be met; you are unhappily or inharmoniously placed, and feel that something must be done at once. Do not get into a hurry and act from superficial impulses. You can trust God for the solution of all your personal riddles. There is no hurry. There is only God, and all is well with the world.

There is an invincible power in you, and the same power is in the things you want. It is bringing them to you and bringing you to them. This is a thought that you must grasp, and hold continuously that the same intelligence that is in you is in the things you desire. They are impelled toward you as strongly and decidedly as your desire impels you toward them. The tendency, therefore, of a steadily held thought must be to bring the things you desire to you and to group them around you. So long as you hold your thought and your faith right all must go well. Nothing can be wrong but your own personal attitude, and that will not be wrong if you trust and are not afraid. Hurry is a manifestation of fear; he who fears not has plenty of time. If you act with perfect faith in your own perceptions of truth, you will never be too late or too early; and nothing will go wrong. If things appear to be going wrong, do not get disturbed in mind; it is only in appearance. Nothing can go wrong in this world but yourself; and you can go wrong only by getting into the wrong mental attitude. Whenever you find yourself getting excited, worried, or into the mental attitude of hurry, sit down and think it over, play a game of some kind, or take a vacation. Go on a trip, and all will be right when you return. So surely as you find yourself in the mental attitude of haste, just so surely may you know that you are out of the mental attitude of greatness. Hurry and fear will instantly cut your connection with the universal mind; you will get no power, no wisdom, and no information until you are calm. And to fall into the attitude of hurry will check the action of the Principle of Power within you. Fear turns strength to weakness.

Remember that poise and power are inseparably associated.

The calm and balanced mind is the strong and great mind; the hurried and agitated mind is the weak one. Whenever you fall into the mental state of hurry you may know that you have lost the right viewpoint; you are beginning to look upon the world, or some part of it, as going wrong. At such times read Chapter Six of this book; consider the fact that this work is perfect, now, with all that it contains. Nothing is going wrong; nothing can be wrong; be poised, be calm, be cheerful; have faith in God.

Next as to habit, it is probable that your greatest difficulty will be to overcome your old habitual ways of thought, and to form new habits. The world is ruled by habit. Kings, tyrants, masters, and plutocrats hold their positions solely because the people have come to habitually accept them. Things are as they are only because people have formed the habit of accepting them as they are. When the people change their habitual thought about governmental, social, and industrial institutions, they will change the institutions.

Habit rules us all.

You have formed, perhaps, the habit of thinking of yourself as a common person, as one of a limited ability, or as being more or less of a failure. Whatever you habitually think yourself to be, that you are. You must form, now, a greater and better habit; you must form a conception of yourself as a being of limitless power, and habitually think that you are that being. It is the habitual, not the periodical thought that decides your destiny. It will avail you nothing to sit apart for a few moments several times a day to affirm that you are great, if during all the balance of the day, while you are about your regular vocation, you think of yourself as not great. No amount of praying or affirmation will make you great if you still habitually regard yourself as being small.

The use of prayer and affirmation is to change your habit of thought. Any act, mental or physical, often repeated, becomes a habit. The purpose of mental exercises is to repeat certain thoughts over and over until the thinking of those thoughts becomes constant and habitual. The thoughts we continually repeat become convictions. What you must do is to repeat the new thought of yourself until it is the only way in which you think of yourself. Habitual thought, and not environment or circumstance, has made you what you are. Every person has some central idea or thought - form of himself, and by this idea he classifies and arranges all his facts and external relationships. You are classifying your facts either according to the idea that you are a great and strong personality, or according to the idea that you are limited, common, or weak. If the latter is the case you must change your central idea.

Get a new mental picture of yourself. Do not try to become great by repeating mere strings of words or superficial formulas; but repeat over and over the THOUGHT of your own power and ability until you classify external facts, and decide your place everywhere by this idea. In another chapter will be found an illustrative mental exercise and further directions on this point.

Continued in next issue...

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Health Bite

Please visit the "Health Archive" on our website for the latest Health Items.

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Thank You

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