



The Campbell M Gold Newsletter

Vol. 15 - Issue 01

Campbell M Gold

Consultant

**Self-Help and personal Development through
New Thinking, and Hypnosis and Subliminal
Programs**

Just the Facts...

Welcome

Welcome to another newsletter...

With the all the turmoil, aridity, and disenchantment that we see around us today (mid-2010); and faced by an uncertain future, never before has it been so important to "look back" to "move forward".

The universe is unfolding as it should and there is abundance for all; and that is our theme - "Self-Help and personal Development through New Thinking and anything else that works... and it's going to be great!

In this issue we will review what I like to think of as the essence of the original "secret" of the "Law of Abundance" - "The Little Red Book".

As always, no hugs, just the facts... So let's jump right in...

Kind regards,

Campbell M Gold

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Keep Up-to-Date

**The Health Information reflected in this Newsletter is subject to change.
Please visit the "Health Archive" on our website for the latest updates to**

the various subjects:

<http://campbellmgold.com>

Looking Back to Move Forward

Here it is... just for you... the secret of universal abundance - the antidote for today (2009)...

It Works!

by

RHJ
(R H Jarrett)

(1926)

The Famous
Little Red Book
That Makes Your
Dreams Come True

*A clear, definite, common-sense plan of accomplishment
All you joy would win must share it. Happiness was born a twin.*
- Byron

Send **It Works** to Your Friends.

The author sent the manuscript of this book for criticism to a friend who returned it with the notation, it works. This judgment born of experience was adopted as the title of the book.

A concise, definite, resultful plan with rules,
explanations and suggestions for bettering your
condition in life.

If you **KNOW**

what you **WANT**

you can **HAVE IT**

The man who wrote this book is highly successful and widely known for his generosity and helpful spirit. He gives full credit for all that he has accomplished in mastering circumstances, accumulating wealth and winning friends to the silent working out of the simple, powerful truth which he tells of in his work. He shows you here an easy, open road to a larger, happier life. Knowing that the greatest good comes from helping others without expecting praise, the author of this work has requested that his name be omitted.

**What is the real secret
of obtaining desirable possessions?**

Are some people born under a lucky star or other charm which enables them to have all that which seems so desirable, and if not, what is the cause of the difference in conditions under which men live?

Many years ago, feeling that there must be a logical answer to this question, I decided to find out, if possible, what it was. I found the answer to my own satisfaction, and for years, have given the information to others who have used it successfully.

From a scientific, psychological or theological viewpoint, some of the following statements may be interpreted as incorrect, but nevertheless, the plan has brought the results desired to those who have followed the simple instructions and it is my sincere belief that I am now presenting it in a way which will bring happiness and possessions to many more.

"If wishes were horses, beggars would ride", is the attitude taken by the average man and woman in regard to possessions. They are not aware of a power so near that it is overlooked; so simple in operation that it is difficult to conceive; and so sure in results that it is not made use of consciously, or recognized as *the cause of failure of success*.

"Gee, I wish that were mine," is the outburst of Jimmy, the office boy, as a new red roadster goes by; and Florence, the telephone operator, expresses the same thought regarding a ring in the jeweler's window; while poor old Jones, the bookkeeper, during the Sunday stroll, replies to his wife "Yes, dear, it would be nice to have a home like that, but it is out of the question. We will have to continue to rent". Landem, the salesman, protests that he does all the work, gets the short end of the money and will some day quit his job and find a real one, and President Bondum, in his private sanctorum, voices a bitter tirade against the annual attack of hay-fever.

At home it is much the same. Last evening, father declared that daughter Mabel was headed straight for disaster, and today, mother's allowance problem and other trying affairs fade into insignificance as she exclaims, "This is the last straw. Robert's school teacher wants to see me this afternoon. His reports are terrible, I know, but I'm late for Bridge now. She'll have to wait until tomorrow". So goes the endless stream of expressions like these from millions of people in all classes who give no thought to what they really want, *and who are getting all they are entitled to or expect*.

If you are of these millions of thoughtless talkers or wishers and would like a decided change from your present condition, you can have it; but first of all you must *know what you want* and this is no easy task. When you can train your *objective mind* (the mind you use every day) to decide definitely upon the things or conditions you desire, you will have taken your first big step in accomplishing or securing what you know you want.

To get what you want is no more mysterious or uncertain than the radio waves all around you. Tune in correctly and you get a perfect result, but to do this, it is, of course, necessary to know something of your equipment and have a plan of operation.

You have within you a *mighty power*, anxious and willing to serve you, a *power capable* of giving you *that which you earnestly desire*. This power is described by Thomson Jay Hudson, Ph.D., LL.D., author of "The Law of Psychic Phenomena" as your subjective mind. Other learned writers use different names and terms, *but all agree that it is omnipotent*. Therefore, I call this Power, "Emmanuel" (God in us).

Regardless of the name of the Great Power, or the conscious admission of a God, the Power is *capable and willing* to carry to a complete and perfect conclusion very earnest desire of your objective mind, but you must be really in earnest about what you want. Occasional wishing or half-hearted wanting does not form a perfect connection or communication with *your omnipotent power*. You must be in earnest, *sincerely and truthfully* desiring certain conditions or things, mental, physical or spiritual.

Your objective mind and will are so vacillating that you usually only WISH for things and the wonderful, capable power within you does not function.

Most wishes are simply vocal expressions. Jimmy, the office boy, gave no thought of possessing the red roadster. Landem, the sales, was not thinking of any other job or even thinking at all. President Bondum knew he had hay fever and was expecting it. Father's business was quite successful and mother no doubt brought home first prize from the Bridge party, that day, but they had no fixed idea of what they really wanted their children to accomplish and were actually helping to bring about the unhappy conditions which existed.

If you are in earnest about changing your present condition, here is a *concise, definite, resultful plan, with rules, explanations and suggestions.*

THE PLAN

Write down on paper in order of their importance the things and conditions you really want. Do not be afraid of wanting too much. Go the limit in writing down your wants. Change the list daily, adding to or taking from it, until you have it about right. Do not be discouraged on account of changes, as this is natural. There will always be changes and additions with accomplishments and increasing desires.

THREE POSITIVE RULES OF ACCOMPLISHMENT

- 1) *Read the list of what you want three times each day: morning, noon and night.*
- 2) *Think of what you want as often as possible.*
- 3) *Do not talk to any one about your plan except to the Great Power within you which will unfold to your Objective Mind the method of accomplishment.*

It is obvious that you can not acquire faith at the start. Some of your desires, from all practical reasoning, may seem positively unattainable; but, nevertheless, write them down on your list in their proper place of importance to you.

There is no need to analyze how this Power within you is going to accomplish your desires. Such a procedure is as unnecessary as trying to figure out why a grain of corn placed in fertile soil shoots up a green stalk, blossoms and produces an ear of corn containing hundreds of grains, each capable of doing what the one grain did. If you will follow this definite plan and carry out the three simple rules, the method of accomplishment will unfold quite as mysteriously as the ear of corn appears on the stalk, and in most cases much sooner than you expect.

When new desires, deserving position at or about the top of your list, come to you, then you may rest assured you are progressing correctly.

Removing from your list items which at first you thought you wanted, *is another sure indication of progress.*

It is natural to be skeptical and have doubts, distrust and questionings, but when these thoughts arise, get out your list. Read it over; or if you have it memorized, talk to your inner self about your desires until the doubts that interfere with your progress are gone. Remember, nothing can prevent your having that which you earnestly desire. Others have these things. Why not you?

The Omnipotent Power within you does not enter into any controversial argument. *It is waiting and willing to serve when you are ready*, but your objective mind is so susceptible to suggestion that it is almost impossible to make any satisfactory progress when surrounded by skeptics. Therefore, choose your friends carefully and associate with people who now have some of the things you really want, but *do not discuss your method of accomplishment with them.*

Put down on your list of wants such material things as money, home, automobile, or whatever it may be, but do not stop there. Be more definite. If you want an automobile, decide *what kind, style, price, color*, and all the other details, including *when* you want it. If you want a home, plan the structure,

grounds and furnishings. Decide on location and cost. If you want money, write down the amount. If you want to break a record in your business, put it down. It may be a sales record. If so, write out the total, the date required, then the number of items you must sell to make it, also list your prospects and put after each name the sum expected. This may seem very foolish at first, but you can never realize your desires if you do not *know positively and in detail what you want and when you want it*. If you can not decide this, you are not in earnest. You must be definite, and when you are, results will be surprising and almost unbelievable.

A natural and ancient enemy will no doubt appear when you get your first taste of accomplishment. This enemy is Discredit, in form of such thoughts as: "It can't be possible; it just happened to be. What a remarkable coincidence!.

When such thoughts occur *give thanks and assert credit to your Omnipotent Power* for the accomplishment. By doing this, you gain assurance and more accomplishment, and in time, prove to yourself that *there is a law, which actually works* - at all times - when you are in tune with it.

Sincere and earnest thanks can not be given without gratitude and it is impossible to be thankful and grateful without being happy. Therefore, when you are thinking your greatest and best friend, *your Omnipotent Power*, for the gifts received, do so *with all your soul, and let it be reflected in your face*. The Power and what it does is beyond understanding. Do not try to understand it, but *accept the accomplishment* with thankfulness, happiness and strengthened faith.

CAUTION

It is possible to want and obtain that which will make you miserable; that which will wreck the happiness of others; that which will cause sickness and death; that which will rob you of eternal life. You can have what you want, but you must take all that goes with it: so in planning your wants, plan that which you are sure will give to you and your fellow man the greatest good here on earth; thus paving the way to that future hope beyond the pale of human understanding.

This method of securing what you want applies to everything you are capable of desiring and the scope being so great, it is suggested that your first list consist of only those things with which you are quite familiar, such as an amount of money or accomplishment, or the possession of material things. Such desires as these are more easily and quickly obtained than the discontinuance of fixed habits, the welfare of others and the healing of mental or bodily ills.

Accomplish the lesser things first. Then take the next step, and when that is accomplished, you will seek the higher and really important objectives in life, but long before you reach this stage of your progress, many worth while desires will find their place on your list. One will be to help others as you have been helped.

Great is the reward to those who help and give without thought of self, as it is impossible to be unselfish without gain.

IN CONCLUSION

A short while ago, Dr. Emil Cou came to this country and showed thousands of people how to help themselves. Thousands of others spoofed at the idea, refused his assistance and are today where they were before his visit.

So with the statements and plan presented to you now. You can reject or accept. You can remain as you are or *have anything you want*. The choice is yours, but God grant that you may find in this short volume the inspiration to choose aright, follow the plan and thereby obtain, as so many others have, all things, whatever they may be, that you desire.

Read the entire book over again,
and again,
AND THEN AGAIN.

Memorize the three simple rules.

Test them now on what you want most this minute.

This book could have extended easily over 350 pages but it has been deliberately shortened to make it as easy as possible for you to read, understand and use. Will you try it? Thousands of bettered lives will testify to the fact that "It Works".

A Letter to You from the Author

Dear Reader:

The great possessions of life are all GIFTS mysteriously bestowed: sight, hearing, aspiration, love or life itself.

The same is true of ideas - the richest of them are given to us, as for instance, the powerful idea which this book has given you. What are you going to do with it? Are you surprised when I tell you the most profitable thing you can do is to give it away?

You can do this in an easy and practical way by having this book sent to those you know who NEED it. In this way, you can help in the distribution of this worth-while effort to make the lives of others better and happier.

You know people who are standing still or who are worried and discouraged. This is your chance to HELP THEM HELP THEMSELVES.

If you withhold this book from them you will lose the conscious satisfaction that comes from doing good. If you see that they get this book, then you put yourself in line with the Law of Life which says, "You get by giving", and you may rightly expect prosperity and achievement.

At the very least you will have the inner sense of having done a good deed with no hope of being openly thanked and your reward will come secretly in added power and larger life.

THE AUTHOR

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About the Author

Roy Herbert Jarrett was born in 1874, but little is really known about him and his life. He published his 'Little Red Book' in 1926, which gives a practical and down-to-earth approach to the laws of attraction and prosperity.

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For more information on this topic,
and to review other vintage works,
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Something to Ponder

Go Placidly...

Go placidly amid the noise and haste,
And remember what peace there may be in silence.
And as far as possible be on good terms with all persons.

Speak your truth quietly and clearly, and listen to others,
Even the dull and ignorant, for they too have their story.
Avoid loud and aggressive persons, for they are vexations to the spirit.
If you compare yourself with others, you may become vain and bitter,
For always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans.
Keep interested within your own career, however humble,
It is a real possession in the changing fortunes of time.
Exercise caution in your business affairs, for the world is full of trickery.
But let this not blind you to what virtue there is.
Many persons strive for high ideals, and everywhere life is full of heroism.
Be yourself.

Especially do not feign affection.
Neither be cynical about love.
For in the face of all aridity and disenchantment,
It is perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth.
Nurture strength of spirit to shield you in sudden misfortune.
But do not distress yourself with imaginings.
Many fears are born of fatigue and loneliness.
Beyond a wholesome discipline, be gentle with yourself.

You are a child of the universe.
No less than the trees and the stars.
You have a right to be here.
And whether or not it is clear to you,
No doubt the universe is unfolding as it should.

Therefore be at peace with God, whatever you conceive Him to be.
And whatever your labours and aspirations in the noisy confusion of life,
Keep peace with your soul.
With all its sham, drudgery, and broken dreams, it is still a beautiful world.

Be cheerful.

Strive to be happy.

(Attrib: Max Ehrmann)

(Desiderata - Latin for "desired things"; plural of desideratum)

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For more information,
please visit the CMG Archives on our website:

Health Bite

If you are thinking about having a flu-shot this year, think again - this is typically what they will pump into you:

Flu Shot Ingredients

Thimersol - Mercury disinfectant/preservative.

Aluminum - additive to promote antibody response; also implicated as a contributor to Alzheimer's, seizures, fatigue, and mental problems.

Formaldehyde - disinfectant/embalming fluid; so let's embalm ourselves alive! Moreover, aspartame (NutraSweet) converts to formaldehyde at 30 degrees C or 86 degrees F.

Ethylene Glycol - anti-freeze-deadly-poison; this seems to do nothing constructive at all!

Phenol - disinfectant (also known as carbolic acid).

Benzethonium Chloride - antiseptic.

Methylparaben - anti fungal, preservative.

Neomycin and Streptomycin - used as antibiotics, but destroy intestinal flora

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Vaccine Horror Stories

Some vaccines are also grown and strained through animal or human tissue like monkey kidney tissue, chicken embryo, embryonic guinea pig cells, calf serum, and human diploid cells (the dissected organs of aborted human fetuses as in the case of rubella, hepatitis A, and chickenpox vaccines).

Still not sure?

Then have your doctor read you the insert that comes with the vaccine, and then have them explain why it makes sense to inject toxic chemicals into the human body and how such substances can, in any way, aid the delicate immune system.

It's your choice, but always do your homework before you agree to a flu shot.

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Please visit the "Health Archive" on our website for the latest Health Items.

IMPORTANT

Any health information contained in this Newsletter is not meant as a substitute for advice from your physician, or other health professional. The presented material is intended for general interest only; and it should not be used to diagnose, treat, or cure any condition whatever. If you are concerned about any health issue, symptom, or other indication, you should consult your regular physician, or other health professional. Consequently, the Author cannot accept responsibility for any individual who misuses the information contained in this material. Thus, the reader is solely responsible for all of the health information contained herein. However, every effort is made to ensure that the information in this material is accurate; but, the Author is not liable for any errors in content or presentation, which may appear herein.

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Thank You

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