



# The Campbell M Gold Newsletter

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**Vol. 08 - Issue 06**

**Campbell M Gold**

**Consultant**

**Self-Help and personal Development through  
New Thinking, and Hypnosis and Subliminal  
Programs**

**Just the Facts...**

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## **Welcome**

Welcome to another newsletter...

In this issue, we review, "Who is this Creature Called Man?" In other words, we are reviewing you.

As always, no hugs, just the facts... So let's jump right in...

Kind regards,

**Campbell M Gold**

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## **Lifting the Veil**

**Who is this 'creature called man', and from whence does he come?**

The o.e.v centres its attention upon the existence of the individual, and upon the celebration and expression of the individual's life.

From observation, research, and analysis, the o.e.v has identified Man as a complex being, consisting of three parts:

- **Consciousness** - the unique existent essence of the individual (traditionally called the 'soul').

- **Spirit-form** - the subtle experiential body, which houses the consciousness, and through which the consciousness experiences the conscious, mental, and etheric planes (traditionally called the 'Spirit' or 'Spirit Body').
- **Physical body** - the physical experiential body, through which consciousness experiences the physical plane (traditionally called the 'Body of matter').

These facets of the individual's nature represent the complete expression of his being, and are the elements of the composite vehicle through which the journey to the physical world is made and whereby the physical world may be experienced.

**Consciousness** is the ultimate centre and essence of the individual's being, and this is expanded by experience accrued through the associated spirit-form and physical body. There are various universal experiential-planes in which the individual operates, namely the physical, etheric, mental, conscious, and source planes.

Within o.e.v symbolism, the term 'consciousness' has two possible meanings: 1) When it is referring specifically to an individual, it means the 'ultimate centre and essence of being'; and 2) All other references relate to the power of 'perception' and the 'ability to perceive'.

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### Planes of Experiential Existence

The **physical plane** contains the physical universe, and is experienced through the individual's **physical body** (taste, touch, sight, smell, and hearing).

The **conscious, mental, and etheric planes** make up the spirit world, which is perceived through the **spirit-form**. The **spirit-form** is a composite of the conscious, mental, and etheric bodies. Conscious and mental bodies can only perceive the spirit world, whereas the etheric body actually experiences it.

Finally, there is the **source plane** that exists above the spirit world. This infinite plane is the origin of every-thing, and the source and sum of all consciousness. However, because the source is every-thing in infinite balance, it is also the 'no-thing' where every-thing converges.

The following table summarises the various facets of our existence, and includes both o.e.v Existential and *Traditional Terms*:

Facets of Existence			
Plane	Experience	Keywords	Traditional Terms
(Body)	(Type)		
Physical	Sensation	I Sense	<i>Earth</i>
(Physical body)	(Experiential)		<i>Body of Matter</i>
Etheric	Emotion	I Feel	<i>Etheric Plane</i>
(Etheric Body)	(Experiential)		<i>Etheric Body</i>
Mental	Cognition	I See	<i>Astral Plane</i>
(Mental Body)	(Perception-only)		<i>Astral Body</i>
Conscious	Projection	I Move	<i>Mental Plane</i>
(Conscious Body)	(Perception-only)		<i>Mental Body</i>
Source	Existence	I Am	<i>Celestial Plane</i>
No Body	(Perception-only)		<i>Soul</i>

Facets of Existence			
Plane (Body)	Experience (Type)	Keywords	Traditional Terms
Note: The physical and etheric bodies are experiential in function, whereas the mental and conscious bodies are perception-only in function			

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### Bodies and Awareness

The o.e.v explains that to experience the various planes of existence, the individual uses the appropriate awareness facet of the associated body as follows:

**First level** awareness is **physical**, and through the **physical body**, sensation as taste, touch, sight, smell, and hearing is conveyed into the individual's consciousness. 'I Sense' are the keywords related to this level. This is an experiential perspective.

**Second level** awareness is **emotional**, and the **etheric body** (the inner layer of the spirit-form) conveys passions and feelings into the individual's consciousness. 'I feel' are the keywords related to this level. This is an experiential perspective.

**Third level** awareness is **mental**, and through the **mental body** (the middle layer of the spirit-form), cognitive vision is conveyed into the individual's consciousness. 'I see' are the keywords related to this level. This is a perception-only perspective.

**Fourth level** awareness is **consciousness**, and the **conscious body** (the outer layer of the spirit-form) enables the individual's perception to move unrestricted through space and time. It is from this level that 'Conscious Projection' is achieved, and 'I move' are the keywords related thereto. This is a perception-only perspective.

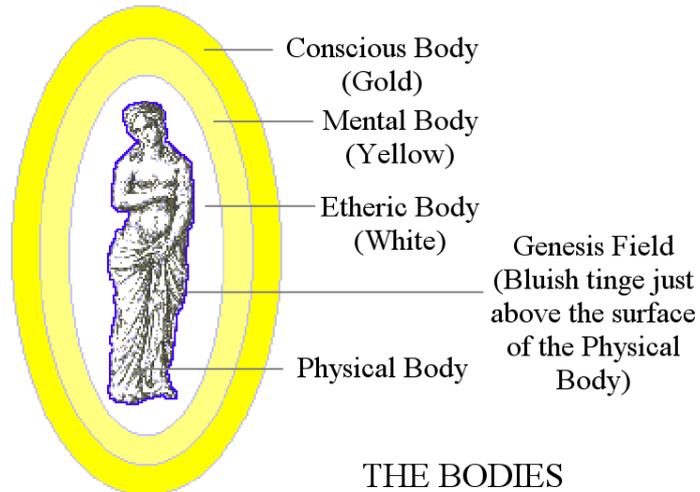
There is a further level, called the **source**, which exists beyond the fourth level. However, at this level, awareness is that of 'existence' in 'infinite completeness', and there is no associated body. Only the essence of being is perceived, and 'I Am' are the keywords related to this state. This is a perception-only perspective.

Each of the four levels (conscious, mental, etheric, and physical level) is perceived through the associated body, and consciousness is expanded accordingly. The complete **experiential body** is a composite of the physical body and the spirit-form (etheric, mental, and conscious bodies).

The physical world is sensed through the physical body, and the spirit world is sensed through the spirit-form. Emotions are experienced through the etheric body, cognitive vision is perceived through the mental body, and consciousness is projected via the conscious body.

For more information on this topic,  
please visit the CMG Archives on our website:

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THE BODIES

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# Something to Ponder

## Veritas Existentialism

To Live is to Experience,  
And to Expand (Survive) is to Find Meaning in the Experience  
(cmg)

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## Bodies

The individual's **Spirit Body** (etheric, mental, and conscious) contains the individual's universal potential

The individual's **Physical body** translates that universal potential,  
through experience,  
into the expansion of the individual's consciousness  
(cmg)

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## Perception

There is nothing in the universe, ethereal or physical, that cannot be perceived and experienced by the individual himself

Therefore, believe nothing,  
but prove all things by personal experience  
(cmg)

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## Health Bite

Please visit the "Health Archive" on our website for the latest Health Items.

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# IMPORTANT

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Thank You

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