



# The Campbell M Gold Newsletter

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**Campbell M Gold**

**Consultant**

**Self-Help and personal Development through  
New Thinking, and Hypnosis and Subliminal  
Programs**

**Just the Facts...**

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## **Welcome**

Welcome to another newsletter...

In this issue, we continue our review of "this Creature Called Man", and we consider his journey to this Physical Plane. In other words, "Your journey into mortality".

As always, no hugs, just the facts... So let's jump right in...

Kind regards,

**Campbell M Gold**

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## **Lifting the Veil**

### **Man's Journey to the Physical Plane/World**

To understand the various terms, and how the facets of the individual's nature interrelate with their development, it is necessary to return to the beginning.

In the beginning was the source, and the source was infinite, had always existed, and contained all consciousness. The source is 'every-thing' that can be, and exists in a state of infinite and perfect dualistic balance. Infinite light is balanced by infinite dark; infinite 'good' is balanced by infinite 'bad', and so on. Because of its state of perfect balance, the source is impotent and unable to act - it just

exists, and is 'no-thing' (infinite dark cancels infinite light; infinite 'bad' cancels infinite 'good', and so on).

Within the source, are an infinite number of conscious elements, with each reflecting a unique aspect of 'what can be'. Each individual started as a single conscious element, and like the source, has always existed, and will always exist.

Rene Descartes tried to sum up an individual's 'existence' when he said: '*I think, therefore I am.*' However, a more accurate statement is: '**I am, therefore I think**'.

This was the individual's initial condition - a unique, un-expanded conscious element, existing within the source, and able to think. The question is: 'What did the individual think about?' The answer is: an individual reaches within for reality. Robert Browning speaks of this 'reaching within', in his poem, 'Paracelsus':

*There is an inmost centre in us all  
Where truth abides in fullness, and 'to know'  
Rather consists in opening out a way  
Whence the imprisoned splendour may escape,  
Than in effecting entry for a light  
Supposed to be without.  
(Robert Browning)*

By reaching within, the individual discovers the three dimensions of his being:

- **Expression** - The individual expresses 'that which they are' - a unique infinitesimal reflection of the source.
- **Perception** - The individual perceives 'that which they are' - a unique infinitesimal reflection of the source. However, they also perceive other 'expressions' of the source, external to themselves, 'that which the individual is not'.
- **Desire/will** - The individual desires to explore, experience, unify and to expand 'that which they are' by 'that which they are not'; and 'will' is the driving force.

Thus, in the beginning, the individual existed in uniqueness, but not in isolation. Consequently, he, and those in his proximity, united as a Primary Soul Group. Therein, each individual expressed their uniqueness, and desired to expand their consciousness through **unification** - the principle of joining one conscious element with another, without either losing their identity and each expanding by the other.

The Primary Soul Group's collective desire accrued into a pool of energy that reached critical mass, and resulted in a 'big bang'. This is the big bang, said to have occurred ten to sixteen-thousand-million years ago, which is the origin of the physical universe. The universe continues to unfold, and is the manifestation of the Primary Soul Group's collective potential.

Four experiential planes can be identified within the universe (three of spirit, and one of physical), namely the conscious, mental, etheric, and physical. It is within these planes that the individual fulfils his need to expand consciousness. As the scope of the universe is considered, it is clear that the number of conscious elements, comprising the primary soul group, approaches the infinite.

Following the big bang, the individual's perception of the new universe was that of energy potential embodied in 'white light'. To experience 'what he was not', the individual clothed his consciousness with a spirit-form made from the white light.

Consequently, the spirit-form reflects the spirit planes and has three concentric layers - conscious (outer), mental (middle), and etheric (inner). Through the spirit-form, the individual perceives the first three planes (conscious, mental, and etheric).

Using the outer layer or 'conscious body' of the spirit-form, the individual perceives the conscious plane and its associated white light. The white light is the collective energy potential of the primary soul group, and the conscious body enables the individual to freely move within the white light. However, little experience is accrued, because only 'energy potential' is perceived at this level.

By filtering the white light through the middle layer or 'mental body' of the spirit-form, the individual perceives the mental plane, and sees the bands of colour (red through violet) associated with it. These are the bands (within the white light) that make up the collective energy potential of the primary soul group, and range from physical potential (red), to spirit potential (violet). The mental body enables the individual to see. However, little experience is accrued, because only 'energy potential' is perceived at this level.

Then, by filtering the bands of colour through the inner layer or 'etheric body' of the spirit-form, the individual perceives the etheric plane. Here he senses the shades of colour that translate into universal symbols, emotional potential, and the idealized spiritual reflection of the physical plane. The etheric body experiences the etheric plane, and uses it as the staging point for incarnation cycles in the physical plane. This is 'home' between incarnations, and contains the spirit 'Summerland', etc. It is at this boundary (etheric and physical) that the esoteric principle of: 'As above, so below, and as below, so above', is active.

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### **Clothing in a Physical Body**

Through the spirit-form's ability to move, see, and feel, the individual perceives the physical plane as the primary soul group's collective potential, manifested as an experienceable reality. And by clothing himself in a physical body, the individual can translate that potential into experiences that will expand his consciousness. Thus, the joining of consciousness with a spirit-form and a physical body endows the individual with the facets of physical, emotional, mental, and conscious awareness. With each facet feeding the individual's consciousness, expansion is readily effected.

The cycles of experience, between the spirit and physical worlds, continue until the individual has experienced everything, and has expanded to the fullness of the source through unification (the expanding of 'that which he is' by 'that which he is not'.

In his physical body, the individual can experience more in one year of physical existence than he can in a thousand-million years of spirit existence. A spirit can only 'observe'; it take an interface (e.g. physical body) with the physical realities to effect unification and the expansion of consciousness.

Each individual has eternity to expand that which they are by that which they are not. The process of the individual's expansion continues until he has unified himself with the potential that is the source. In reality, no individual can learn from another individual. All things must be experienced by the individual himself, and there can be no vicarious shortcuts. Thus, each individual is a unique expression of the universe, and must create his own reality and seek expansion upon his own freely chosen path.

The path of reality (veritas) is the path of lone seeker, and the o.e.v strives with the individual and helps him to open a path for the light within to shine forth. Thus, the individual illuminates his path ahead with his inner light, rather than 'effecting entry of a light supposed to be without'.

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### **Summary - Consciousness is expanded in a definable cycle**

- 1) I arrive in mortality
- 2) I Am
- 3) I want
- 4) My wants are translated through universal and self-determined cycles into my needs
- 5) I need
- 6) I experience and expand creating a 'new' I Am
- 7) I cycle back to point 2) until the conclusion of this mortal cycle
- 8) I leave mortality, and have the choice of returning to point 1)

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For more information on this topic,  
please visit the CMG Archives on our website:

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## **Something to Ponder**

### **Unfoldment**

By observation, the Universe is unfolding as it should  
By observation, our Galaxy is unfolding as it should  
By observation, our Solar System is unfolding as it should  
By observation, does not Spring always follow Winter?  
By observation, does not Day always follow Night?  
Therefore, by inference, are not our lives unfolding as they should?  
The answer is: 'Yes, our lives are indeed unfolding as they should!'  
(cmg)

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### **Final**

Man (the individual) is the ultimate expression of the unfolding universe

And where is the centre of the universe?  
You - You are the centre of the universe  
(cmg)

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## **Health Bite**

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**Thank You**

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